Apache XC
Week at a Glance

Roll Tribe / Finish On Empty / Family

Aug 2-6

Week 1

Team	Monday 8/2	Tuesday 8/3	Wednesday 8/4	Thursday 8/5	Friday 8/6	Saturday 8/7
HS Athletes	@ HS 6:45 Bus leaves @ 7:00 ndependance Park Veightroom @ 9:00 ck up @ HS 9:30	@ HS 6:45 Bus leaves @ 7:00 ndependance Park @ HS 9:00	@ HS 6:45 Bus leaves @ 7:00 ndependance Park Veightroom @ 9:00 ck up @ HS 9:30	@ HS 6pm Bus leaves @ 6:15pm ndependance Park @ HS 8:00pm	HS 7:00 AM @HS Track k up @ HS 8:30AM	*NO PRACTICE*
JH Athletes	*NO PRACTICE*	*NO PRACTICE*	*NO PRACTICE*	*NO PRACTICE*	*NO PRACTICE*	*NO PRACTICE*